



# RHYTHMS OF LIFE

PATTERN OF STUDY

## DAY 1

### 2 Timothy 2:14-17

*A Worker Approved by God*

[14] Remind them of these things, and charge them before God not to quarrel about words, which does no good, but only ruins the hearers. [15] Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth. [16] But avoid irreverent babble, for it will lead people into more and more ungodliness, [17] and their talk will spread like gangrene. Among them are Hymenaeus and Philetus, [18] who have swerved from the truth, saying that the resurrection has already happened. They are upsetting the faith of some. [

19] But God's firm foundation stands, bearing this seal: "The Lord knows those who are his," and, "Let everyone who names the name of the Lord depart from iniquity."

[20] Now in a great house there are not only vessels of gold and silver but also of wood and clay, some for honorable use, some for dishonorable. [21] Therefore, if anyone cleanses himself from what is dishonorable, he will be a vessel for honorable use, set apart as holy, useful to the master of the house, ready for every good work. (ESV)

#### **Questions to ask of the text from today:**

What does this reveal to me about who God is?

What does God want me to see?

What does God want me to hear?

What is God asking of me?

## DAY 2

### 1 John 2:15-17

*Do Not Love the World*

[15] Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. [16] For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world. [17] And the world is passing away along with its desires, but whoever does the will of God abides forever. (ESV)

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## DAY 3

### Hebrews 10:19-25

*The Full Assurance of Faith*

[19] Therefore, brothers, since we have confidence to enter the holy places by the blood of Jesus, [20] by the new and living way that he opened for us through the curtain, that is, through his flesh, [21] and since we have a great priest over the house of God, [22] let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. [23] Let us hold fast the confession of our hope without wavering, for he who promised is faithful. [24] And let us consider how to stir up one another to love and good works, [25] not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. (ESV)

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## DAY 4

### 2 Timothy 3:12-17

*All Scripture Is Breathed Out by God*

[12] Indeed, all who desire to live a godly life in Christ Jesus will be persecuted, [13] while evil people and impostors will go on from bad to worse, deceiving and being deceived. [14] But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it [15] and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus. [16] All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, [17] that the man of God may be complete, equipped for every good work. (ESV)

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## DAY 5

### Ephesians 4:17-24

*The New Life*

[17] Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. [18] They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. [19] They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. [20] But that is not the way you learned Christ!—[21] assuming that you have heard about him and were taught in him, as the truth is in Jesus, [22] to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, [23] and to be renewed in the spirit of your minds, [24] and to put on the new self, created after the likeness of God in true righteousness and holiness. (ESV)

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## DAY 6

### 2 Timothy 4:1-8

*Preach the Word*

[1] I charge you in the presence of God and of Christ Jesus, who is to judge the living and the dead, and by his appearing and his kingdom: [2] preach the word; be ready in season and out of season; reprove, rebuke, and exhort, with complete patience and teaching. [3] For the time is coming when people will not endure sound teaching, but having itching ears they will accumulate for themselves teachers to suit their own passions, [4] and will turn away from listening to the truth and wander off into myths. [5] As for you, always be sober-minded, endure suffering, do the work of an evangelist, fulfill your ministry.

[6] For I am already being poured out as a drink offering, and the time of my departure has come. [7] I have fought the good fight, I have finished the race, I have kept the faith. [8] Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that day, and not only to me but also to all who have loved his appearing. (ESV)

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## DAY 7

### Philippians 3:12-4:1

#### *Straining Toward the Goal*

[12] Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. [13] Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, [14] I press on toward the goal for the prize of the upward call of God in Christ Jesus. [15] Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you. [16] Only let us hold true to what we have attained. (ESV)

[17] Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us. [18] For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. [19] Their end is destruction, their god is their belly, and they glory in their shame, with minds set on earthly things. [20] But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, [21] who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself. (ESV)

[1] Therefore, my brothers, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved. (ESV)

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